## Equivalence of Starting Point Cutoff and the Concentration of Hitting Times on a General State Space: Web Appendix

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## A Detailed Proof of Starting Point Cutoff for a Toy Example

In this web appendix we give a detailed proof of the existence of the starting point cutoff phenomenon for a toy Markov chain. This Markov chain was used as an example in [1] for a different purpose. Consider the Markov kernel defined on  $\mathbb{R}^d$  by

$$P(x, \cdot) \sim \operatorname{Normal}\left(\frac{x}{2}, \frac{3}{4}I_d\right)$$

where  $I_d$  is the *d*-dimensional identity matrix. One can show that *P* is a regular Markov kernel with stationary distribution  $\pi \sim \text{Normal}(0, I_d)$ . In fact one can compute that

$$P^t(x,\cdot) \sim \operatorname{Normal}\left(\frac{x}{2^t}, (I-4^{-t})I_d\right)$$

Now let  $x_n$  be a sequence of starting points in  $\mathbb{R}^d$  such that  $\lim_{n\to\infty} ||x_n|| = \infty$ . We will show that P has starting point cutoff at time  $t_n = \log_2(||x_n||)$  starting from  $x_n$ . First let c > 1. For n sufficiently large such that  $||x_n|| \ge 1$  we have

$$\begin{split} & d_{x_n}(ct_n) \\ &= \left\| P^{\lfloor ct_n \rfloor}(x_n, \cdot) - \pi \right\|_{TV} \\ &\leq \sqrt{\frac{1}{2}} D_{KL}(P^{\lfloor ct_n \rfloor}(x_n, \cdot) || \pi)} \quad \text{by Pinsker's inequality} \\ &= \frac{1}{2} \sqrt{-d \log \left(1 - 4^{-\lfloor ct_n \rfloor}\right) - d4^{-\lfloor ct_n \rfloor} + \|x_n\|^2 4^{-\lfloor ct_n \rfloor}}} \\ &\leq \frac{1}{2} \sqrt{d(4^{-\lfloor ct_n \rfloor} + 16^{-\lfloor ct_n \rfloor}) - d4^{-\lfloor ct_n \rfloor} + \|x_n\|^2 4^{-\lfloor ct_n \rfloor}}} \\ & \text{by the formula for KL divergence of Gaussians} \\ &= \left[\frac{1}{2} \sqrt{d(4^{-\lfloor ct_n \rfloor} + \|x_n\|^2)}\right] \left(\frac{1}{2}\right)^{\lfloor ct_n \rfloor} \\ &\leq \left(\frac{1}{2} \sqrt{d+1}\right) \|x_n\| \left(\frac{1}{2}\right)^{c\|x_n\|-1} \\ &= 2 \left(\frac{1}{2} \sqrt{d+1}\right) \|x_n\|^{1-c} \end{split}$$

therefore  $\lim_{n\to\infty} d_{x_n}(ct_n) = 0$ . Now suppose c < 1. For  $x \in \mathbb{R}^d$  and r > 0 define

$$A_x^r = \{ y \in \mathbb{R}^d : y \cdot x \le r \|x\| \}$$

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Then for any  $x \in \mathbb{R}^d$  and r > 0

$$\pi(A_x^r) = \mathbb{P}\left[W \cdot x \le r \|x\|\right] \quad \text{where } W \sim \text{Normal}(0, I_d)$$
$$= \mathbb{P}\left[Z \le r\right] \quad \text{where } Z \sim \text{Normal}(0, 1)$$
$$= \Phi(r)$$

and for  $x \in \mathbb{R}^d$ , r > 0 and  $t \in \mathbb{N}$ 

$$\begin{split} P^t(x, A_x^r) &= \mathbb{P}\left[\left(\frac{x}{2^t} + (\sqrt{1 - 4^{-t}})W\right) \cdot x \le r \|x\|\right] \quad \text{where } W \sim \text{Normal}(0, I_d) \\ &= \mathbb{P}\left[Z \le \frac{(r2^t - \|x\|)}{\sqrt{4^t - 1}}\right] \quad \text{where } Z \sim \text{Normal}(0, 1) \\ &= \Phi\left(\frac{r2^t - \|x\|}{\sqrt{4^t - 1}}\right) \end{split}$$

Now define a sequence  $r_n = \|x_n\|^{\frac{1-c}{2}}$ . Then for each  $n \in \mathbb{N}$ ,

$$d_{x_n}(ct_n) = CPVersion)(Copy) \left\| P^{\lfloor ct_n \rfloor}(x_n, \cdot) - \pi \right\|_{TV}$$
  

$$\geq |P^{\lfloor ct_n \rfloor}(x_n, A_{x_n}^{r_n}) - \pi(A_{x_n}^{r_n})|$$
  

$$= \left| \Phi\left(\frac{r_n 2^{\lfloor ct_n \rfloor} - \|x_n\|}{\sqrt{4^{\lfloor ct_n \rfloor} - 1}}\right) - \Phi(r_n) \right|$$

but since

$$\lim_{n\to\infty} \Phi(r_n) = 1$$

and

$$\frac{r_n 2^{\lfloor ct_n \rfloor} - \|x_n\|}{\sqrt{4^{\lfloor ct_n \rfloor} - 1}} \le \|x_n\|^{\frac{1-c}{2}} - \|x_n\|^{1-c}$$

implies

$$\lim_{n \to \infty} \Phi\left(\frac{r_n 2^{\lfloor ct_n \rfloor} - \|x_n\|}{\sqrt{4^{\lfloor ct_n \rfloor} - 1}}\right) = 0$$

we have that

$$\lim_{n \to \infty} d_{x_n}(ct_n) = 1$$

This completes the proof that P has starting point cutoff at time  $t_n = \log_2(||x_n||)$  starting from  $x_n$ .

## References

[1] Qian Qin and James Hobert, Wasserstein-based methods for convergence complexity analysis of mcmc with application to albert and chib's algorithm, 10 2018.